

## GOOD TO KNOW

### BOOKING

Book online at [www.orientalspa.co.za](http://www.orientalspa.co.za), on WhatsApp, or call the branch you would like to visit.

### OPENING HOURS

Plattekloof: Mon–Sat 09:00–18:00, Sun & public holidays 10:00–16:00. Brackenfell: Mon–Sat 10:00–19:00, Sun & public holidays 10:00–16:00.

### TELL YOUR THERAPIST

Mention injuries, allergies or areas to avoid, and the pressure you prefer. Ask for lighter or firmer at any time.

### GIFT VOUCHERS

For any treatment or value, valid at the branch it is bought for. The perfect way to say thank you.

### CORPORATE MOBILE

Chair and table massage at your office. We bring the chairs, linen and oils. Rates on request.

### TRAINING ACADEMY

QCTO Accredited Skills Development Provider, No. 01-QCTO/SDP050925114359. Course catalogue on request.

## VISIT US

### PLATTEKLOOF

- 📍 16 Jim Fouche Avenue  
Plattekloof 1, Cape Town
- 🕒 Mon–Sat 09:00–18:00  
Sun & public holidays 10:00–16:00
- ☎️ 066 138 8649 • 081 412 3291
- ✉️ [plattekloof@orientalspa.co.za](mailto:plattekloof@orientalspa.co.za)

*Please note that some treatments on the list are not available at our Plattekloof branch.*

### BRACKENFELL

- 📍 Suite 5, Brackenfell Medical Centre  
Cnr Old Paarl Rd & Brackenfell Blvd, 7560
- 🕒 Mon–Sat 10:00–19:00  
Sun & public holidays 10:00–16:00
- ☎️ 050 203 4130
- ✉️ [brackenfell@orientalspa.co.za](mailto:brackenfell@orientalspa.co.za)

🌐 [www.orientalspa.co.za](http://www.orientalspa.co.za)



### BOOK ONLINE

Scan to book a treatment at either branch.



# ORIENTAL SPA

RELAX · REJUVENATE · RENEW

MASSAGE · BEAUTY · WELLNESS

### Massage

60 MIN • 90 MIN

|                                   |                           |
|-----------------------------------|---------------------------|
| Thai Oil & Mixed Method           | R450 • R650               |
| Aromatherapy                      | R450 • R650               |
| Oil Massage                       | R400 • R600               |
| Swedish                           | R400 • R600               |
| Hot Stone Back                    | R500 • R700               |
| Deep Tissue                       | R450 • R650               |
| Sports Massage                    | R450 • R650               |
| Back, Neck & Shoulder             | 30 min R300 • R450        |
| Head, Back, Neck, Shoulder & Foot | R450 • R650               |
| Oil Herbal Compress               | R500 • R650               |
| Four Hands Full Body              | R700 • R1200              |
| Filipino Hilot (Banana Leaf)      | R500 • R700               |
| Bamboo Massage                    | R500 • R700               |
| Oriental Fusion                   | R500 • R700               |
| Fire Cupping                      | 30 min R299 • R500        |
| Express Chair Massage             | 15 min R150 • 30 min R300 |
| Head & Scalp                      | 15 min R150 • 30 min R250 |
| Pregnancy (from 2nd trimester)    | R450 • R650               |
| Lymphatic Drainage                | R450 • R650               |

*Medium to firm pressure unless you ask otherwise.*

*Prices correct at September 2026, subject to change.*

### Facials

|                            |               |
|----------------------------|---------------|
| Express Glow Facial        | 30 min • R300 |
| Deep Cleansing Facial      | 60 min • R450 |
| Brightening Glow Facial    | 60 min • R500 |
| Anti-Ageing Renewal Facial | 75 min • R600 |

### Hands & Feet

MANICURE • PEDICURE

|                             |               |
|-----------------------------|---------------|
| Express (shape, tidy, buff) | 30 min • R300 |
| Express with classic polish | 45 min • R350 |
| Express with gel polish     | 60 min • R400 |
| Deluxe with classic polish  | 60 min • R400 |
| Deluxe with gel polish      | 75 min • R450 |

*Gel polish soak-off not included, +R80.*

### Gel Nails

|                                 |               |
|---------------------------------|---------------|
| Gel Overlay + Nail Art          | 60 min • R400 |
| Full Cover Gel Tips, one colour | 60 min • R450 |
| Full Cover Gel Tips + Nail Art  | 90 min • R600 |

### Foot Care

|                             |               |
|-----------------------------|---------------|
| Express Foot Spa            | 30 min • R250 |
| Deluxe Foot Spa Ritual      | 60 min • R400 |
| Pressure Point Foot Therapy | 30 min • R300 |
| Foot & Calf Massage         | 30 min • R300 |

### Body Care

|                         |               |
|-------------------------|---------------|
| Back Polishing Ritual   | 30 min • R300 |
| Full Body Polish        | 45 min • R450 |
| Deluxe Full Body Polish | 90 min • R750 |

### Waxing

HER • HIM

|                 |           |      |
|-----------------|-----------|------|
| Lip or Chin     | R90       | —    |
| Brow            | R100      | —    |
| Underarm        | R120      | R150 |
| Half Arm        | R140      | R170 |
| Full Arm        | R180      | R220 |
| Half Leg        | R230      | R280 |
| Full Leg        | R300      | R350 |
| Bikini Line     | R200      | —    |
| Extended Bikini | R250      | —    |
| Brazilian       | R350      | —    |
| Hollywood       | R400      | —    |
| Chest           | —         | R250 |
| Chest & Stomach | —         | R300 |
| Full Back       | —         | R300 |
| Intimate        | from R450 |      |

Body grooming for her from R100, for him from R120. Threading on request. Intimate treatments: adults 18+.

### BOOK A TREATMENT

Platteklouf 066 138 8649 • 081 412 3291

Brackenfell 050 203 4130

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